

# Great News!

**To all Schools, (3-18 years old), Community Groups,  
Special Needs Groups and Children and Families...**

**The outstanding success and demand for the Kids' Cookery School (KCS) Acton Registered Charity – has enabled us to GO MOBILE.**

### What does this mean?

Well it's simple, now we're on the road with our van we can bring interactive practical cookery sessions to you and your community! Our fully equipped mobile kitchen comes with a highly qualified Chef and assistant.

Each session is unique: tailor-made to meet the needs of your students (a risk assessment is carried out before every session). The number of students per session will vary depending on the venue, the students' needs and the dishes being prepared and cooked. Sessions are approximately one hour, with a maximum of 16 students per session.

**KCS On Wheels has – mobile ovens, hobs, work stations, hand wash basin and of course a kitchen sink!**

Our Ethos is fresh, delicious food made from scratch.

The benefits and skills KCS covers are:

- Health and safety in the kitchen;
- Basic hygiene and how to store food safely;
- Nutrition – what is a balanced diet? Helping people make the right choices so they can live happier and healthier lives;
- Why what you eat and drink matters and how much money you can save if you learn to cook for yourself and share with others;
- Working together and interacting with one another;
- One of the most important skills – how to prepare and cook healthy foods from scratch and have fun!



### In addition:

Students get the recipes which they take home to practise and recreate their masterpieces! Cookery is not only about food – it engages maths, science, geography, world culture, and much more! Cooking is creative, imaginative, practical, with an end result that can be enjoyed and shared. Cooking has it all – the overall FEEL GOOD FACTOR!

### We can be part of:

- Every Child Matters;
- Extended Schools;
- Healthy Schools Initiative;
- Inclusion (working with children who are out of school);
- Special Needs Groups, Families and Young People.

### What it costs:

- Each session costs £200 which includes, 2 members of staff, all the equipment, ingredients, materials and travel time, for a maximum 16 students;
- To be most cost effective it's best to book us for a whole day so we can teach many more students;
- A whole day is £600 (3 sessions) – we can teach up to 48 students in a day. This is equivalent to £12.50 per student, which is great value for money.

KCS is a registered Charity, we have taught over 18,000 students how to cook over the last 10 years.

We have very high standards and comply with all the necessary regulations including Ofsted and enhanced CRB Police checks.

### All we need from you:

- Sufficient space for the students ie: a classroom, a hall, a community centre;
- Electricity (normal plug sockets), running water, and WC facilities.

the  
**Kids' Cookery School**

To find out more about us and to book a mobile session, contact us on:

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Email: [info@thekidscookeryschool.co.uk](mailto:info@thekidscookeryschool.co.uk)

Website: [www.thekidscookeryschool.co.uk](http://www.thekidscookeryschool.co.uk)

The Kids' Cookery School is a company limited by guarantee  
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